



	Monday, 22nd	Tuesday, 23rd	Wednesday, 24th	Thursday, 25th	Friday, 26th
Souper Soup	Minestrone	Chicken Noodle	Ham & White Bean	Tomato Bisque	Chicken & Barley
Downtown Deli	Roast Beef Italiano Lean roast beef with roasted red peppers and smoked mozzarella all served on a Kaiser roll	BCT We take 12 grain bread and toast it then we add cheddar cheese, tomato and crispy bacon. Mayo served on the side	Chicken Grape Salad Juicy red grapes mixed with tender white meat chicken breast topped with local greens and fresh sliced tomatoes	House Special Hoagie Layered smoked turkey, sliced ham, provolone cheese, tomatoes, thinly sliced red onion, oregano, hot and sweet peppers and a drizzle of rich olive oil	Blackened Chicken Bruschetta. A whole chicken breast coated in blackening seasoning and baked in the oven. Served on a baguette with bruschetta and lettuce
Chef's Choice & Sides	Rotini w/ Meat Sauce Rotini pasta topped with Grandma's Gravy, our homemade Marinara sauce with garlic and ground sirloin	Baked Potato Bar Baked Idaho potatoes with your choice of bacon, onions, broccoli, cheese, sour cream and salsa, and butter on the side	Fresh Hand-Rolled Sushi Fluffy brown rice & Asian mixed vegetable	Loaded Mac & Cheese Macaroni noodles mixed with three different cheeses, heavy cream, butter and bacon, then baked in the oven until golden brown	Chicken And Waffle Breaded Chicken oven baked and served over waffles with maple syrup over top of them Garnished with scallions Served with Cole slaw
Vegetarian	Black Bean & Tomato Quesadilla Flour tortilla filled with a blend of shredded cheese, diced tomatoes and black beans grilled on the flattop	Vegetarian Stuffed Pepper A whole bell pepper stuffed with diced vegetables and brown rice with a touch of red sauce	Spring roll A light, thin wrapper filled with a blend of Oriental vegetables and served with dipping sauce on the side	AFS Special MELT Potato bread layered with Swiss, cheddar, and pepper jack cheese, fresh spinach and tomato, toasted to a golden crisp	Baked Ziti 100 % whole grain pasta covered in our red sauce and low fat mozzarella cheese and baked in the oven
Pizza Villaggio	Garlic White	Italian Meat	Pepperoni	Breakfast Pizza	Supreme
Farmhouse Special	Ham & Cheese on a Pretzel Roll	Chicken Salad w/ Cheddar & Bacon on Snowflake Roll	Chicken Fiesta Wrap	Portobello, Eggplant & Roasted Reds on Focaccia	Shredded Pork w/ Provolone