

Abington Friends School

2016-2017

Spring Enrichment Course Descriptions

Spring courses begin the week of April 10th and run for varying lengths. Make-up classes will be scheduled in the event of a cancelled class.

Students will go to Extended Day at dismissal, have a snack and then be picked up by the Enrichment teacher. Please note the start and end times for each of the courses. At the end of the class, students can be picked up from the Lower School lobby.

Cooking with Chef Jay



Instructor: Jay Battersbee (Professional chef and AFS parent)

Mondays: April 10 to May 15 --- 3:30-4:30

Grades: EC/K/1 Fee \$140 6 sessions

This hands-on cooking experience is perfect for the youngest chefs. Come learn to create a variety of simple, healthy recipes. All recipes will be heat-free and easy to re-create at home. With guidance, budding chefs will learn to transform simple ingredients into tasty snacks, beverages, entrees, and treats. Spring session of cooking will be full of new recipes and skills!

WeeFoodies Cooking Class



Instructor: Gretchen Stewart (Cooking school owner and elementary school educator)

Tuesdays: April 11 to May 16 --- 3:30-4:30

Grades: 2/3/4 Fee \$150 6 sessions

WeeFoodies is excited to return to Abington Friends School! In this six-class cooking series for students in grades 2-4, young chefs will expand their culinary techniques and gain experience working with a wide variety of ingredients as they prepare a delicious selection of sweet and savory creations. (Please note that all recipes in the Spring Enrichment Program will differ from those introduced in the Winter Enrichment Program. All young chefs will be engaged in new learning experiences.) Each week, chefs will spend a hands-on hour practicing targeted culinary skills, as well as tasting and working with unique ingredients. Each session will end with students enjoying their culinary creations together!



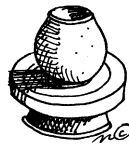
Hip Hop with Clyde

Instructor: Clyde Evans (Professional dancer and teacher)

Mondays: April 10 to June 5 --- 3:15-4:00

Grades: 1/2/3/4 Fee \$140 8 sessions

From warm up to cool down, students will enjoy activities that stretch, strengthen and exercises their bodies as well as their minds in an atmosphere that is non-competitive, safe and fun. They will learn a variety of dance moves as well as discover their own dance moves within themselves. All dance music played will be clean, friendly and age appropriate!



Ceramics with Mindy

Instructor: Mindy Sage (AFS lower school faculty and parent)

Wednesdays: April 12 to May 31 --- 3:30-4:30

Grades: EC/K/1 Fee \$150 8 sessions

If your child enjoys working with clay, this class is a great way for them to experiment with technique and gain new creative experiences. Children will have the opportunity to explore making a variety of projects utilizing several different hand-building methods. (8 student maximum)



Spring Soccer with Drew

Instructor: Drew Benfer (AFS parent, AFS middle school head boys' soccer coach, USSF National "C" licensed coach)

Tuesdays: April 11 to May 30 --- 3:30-4:30

Grades: Students who will be going into kindergarten in Fall of 2017 & K/1

Fee \$140 8 sessions

Thursdays: April 13 to June 1 --- 3:30-4:30

Grades: 2/3/4 Fee \$140 8 sessions

In this program, children will learn the basic rules and concepts of the game of soccer in a fun and enthusiastic setting. Using theme-based games, we will focus on the core skills of the game. The program will help children develop proper dribbling and shooting techniques; practice sportsmanship; and hone in on their ability to learn and follow directions. Children will improve their ball handling skills, game awareness and speed and agility in a fun, yet challenging environment.



**Abington Friends School
Enrichment Course Registration Form
2016 - 2017**

Child Name: _____

Class/Grade: _____

Course Name: _____

Day(s) of week: _____ **Fee:** _____

Course Name: _____

Day(s) of week: _____ **Fee:** _____

Total Fees: _____ **Check #** _____

Please make check payable to Abington Friends School

Parent/Guardian Name(s) _____

Parent/Guardian Contact Phone(s): _____

Parent/Guardian Contact Email: _____

Pick Up Person _____ **Relationship** _____

Pick Up Person _____ **Relationship** _____

Parent/Guardian Signature: _____

Date: _____

Please return this form with payment to the Lower School Office by Wednesday April 5, 2017.