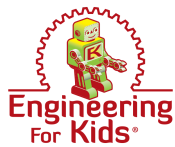


**Abington Friends School**  
**2017-2018**  
**Winter Enrichment Course Descriptions**

**Winter** courses begin the week of January 22 and run for varying lengths. Make-up classes will be scheduled in the event of a cancelled class. Students will go to Extended Day at dismissal, have snack and then be picked up by the Enrichment teacher. Please note the start and ending times for each of the courses because they are different.

At the end of the class, students can be picked up from the Lower School lobby. Registration is due Wednesday, January 10, 2018. Classes fill on a first-come basis. If we have a high interest in a particular class, we will work to offer it at another point during the year.



### **Lego Robotics**

*Instructor: Engineering For Kids Staff*

*Wednesdays: January 31 to March 7, 3:30 – 4:30*

*Grades 2/3/4      Fee \$140    6wks.*

The LEGO® Robotics: Rescue Robots curriculum is designed to introduce students to the world not only of building, but also of programming basic robots. Throughout this course, students will explore different ways in which a robot could be utilized to respond in disaster situations.

### **Lego Robotics**

*Instructor: Engineering For Kids Staff*

*Thursdays: January 25 to March 1, 3:30 – 4:30*

*Grades 2/3/4      Fee \$140    6wks.*

The LEGO® Robotics: Mission Mars curriculum is designed to introduce students to the world not only of building, but also of programming basic robots. Throughout this course, students will explore different ways in which a robot could be utilized to explore a distant planet.



## **Hip-Hop with Clyde**

*Instructor: Clyde Evans*

*Tuesdays: January 23 – March 13, 3:30 – 4:30*

*Grades: 1/2/3/4 Fee \$140 8wks.*

Clyde Evans will lead a Hip Hop dance program that will encourage students get moving and thinking while expressing their inner hop. This course aims to develop and improve a student's coordination through participation in fun activities like dancing across the floor and partnering with each other. The program will challenge participants not only to learn awesome dance moves like the Running Man, Spongebob, the Worm and Nae Nae, but also to create and discover their own dance moves within themselves. From warm up to cool down, students will enjoy activities that stretch, strengthen and exercises their bodies as well as their minds in an atmosphere that is non-competitive, safe and fun.

\*All dance music played will be clean, friendly and age appropriate!



## **Zumba Kids**

*Instructor: Nexplore Enrichment Staff Zumba/Yoga Instructor*

*Mondays: January 22 to March 5, 3:30 – 4:15*

*Grades: 4 yr. olds/K/1 Fee \$140 6wks.*

*(No class on February 19)*

**Zumba® Kids** is a fun, high-energy fitness class packed with specially choreographed routines and games for children using the latest music and rhythms like hip-hop, reggaeton, cumbia and salsa. Zumba classes increase focus, build self-confidence, enhance creativity and coordination. Each class is headed by a trained and licensed **Zumba® Kids** fitness instructor.



## **Cooking with Chef Jay**

*Instructor: Jay Battersbee (Professional chef and AFS parent)*

*Wednesdays: January 24 to February 28, 3:30 – 4:30*

*Grades: 4 yr. olds/ K/ 1<sup>st</sup> Fee \$140 6wks.*

This hands-on cooking experience is perfect for the youngest chefs. Come learn to create a variety of simple, healthy recipes. All recipes will be heat-free and easy to re-create at home. With guidance, budding chefs will learn to transform simple ingredients into tasty snacks, beverages, entrees and treats.



## **Kitchen Wizards: Sweet and Savory**

*Instructor: Kitchen Wizards Staff*

*Thursdays: January 25 – March 15, 3:30 – 4:30*

*Grades: 2/3/4 Fee \$150 8wks.*

Young chefs will roll up their sleeves and experiment with a wide variety of culinary techniques as they prepare a delicious selection of sweet and savory creations. Each week, chefs will practice targeted culinary skills, as well as taste and work with unique ingredients. Each session will end with students enjoying their culinary creations together.



### **Ceramics with Mindy**

*Instructor: Mindy Sage (AFS LS Faculty and Parent)*

*Wednesdays: January 24 – March 14, 3:30 – 4:30*

*Grades: 2/3/4 Fee \$150 8wks*

If your child enjoys working with clay, this class is a great way for them to experiment with technique and gain new creative experiences! Children will have the opportunity to explore making a variety of projects utilizing several different hand-building methods.

**\*10 student maximum**



**Abington Friends School  
Enrichment Course Registration Form  
2017 – 2018**

**To register for a course, please print this form, complete it and turn it in with your payment to the Lower School Office by Wednesday, January 10.**

**Child Name:** \_\_\_\_\_

**Class/Grade:** \_\_\_\_\_

**Course Name:** \_\_\_\_\_

**Day of week:** \_\_\_\_\_ **Fee:** \_\_\_\_\_

**Course Name:** \_\_\_\_\_

**Day of week:** \_\_\_\_\_ **Fee:** \_\_\_\_\_

**Total Fees:** \_\_\_\_\_ **Check #** \_\_\_\_\_

**Please make check payable to Abington Friends School**

**Parent/Guardian Name(s)** \_\_\_\_\_

**Parent/Guardian Contact Phone(s):** \_\_\_\_\_

**Parent/Guardian Contact Email:** \_\_\_\_\_

**Pick Up Person** \_\_\_\_\_ **Relationship** \_\_\_\_\_

**Pick up Person** \_\_\_\_\_ **Relationship** \_\_\_\_\_

**Parent/Guardian Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_