

Abington Friends School

2016-2017

Winter Enrichment Course Descriptions

Winter courses begin the week of January 23rd and run for varying lengths. Make-up classes will be scheduled in the event of a cancelled class.

Students will go to Extended Day at dismissal, have a snack and then be picked up by the Enrichment teacher. Please note the start and end times for each of the courses. At the end of the class, students can be picked up from the Lower School lobby.

Cooking with Chef Jay



Instructor: Jay Battersbee (Professional chef and AFS parent)

Mondays: January 23 to March 6, 3:30-4:30

Grades: EC/K/1st Fee \$140 6 sessions

This hands-on cooking experience is perfect for the youngest chefs. Come learn to create a variety of simple, healthy recipes. All recipes will be heat-free and easy to re-create at home. With guidance, budding chefs will learn to transform simple ingredients into tasty snacks, beverages, entrees, and treats.

Hip Hop with Clyde



Instructor: Clyde Evans (Professional dancer and teacher)

Mondays: January 23 to March 20, 3:15-4:00

Grades: 1 to 4 Fee \$140 8 sessions

From warm up to cool down, students will enjoy activities that stretch, strengthen and exercises their bodies as well as their minds in an atmosphere that is non-competitive, safe and fun. They will learn a variety of dance moves as well as discover their own dance moves within themselves. All dance music played will be clean, friendly and age appropriate!

Music Class with Keisha



Instructor: Keisha Hirlinger (Lower School teacher and parent)

Tuesdays: January 24 to March 14, 3:30-4:15

(Children may be picked up at 4:15 in the Lower School lobby)

Grades: EC/K Fee \$140 8 sessions

This is a music class for young musicians to sing, play instruments and move! We will learn songs, chants and games and talk about how we use our voices to sing and make music. We play on Orff instruments, including xylophones and glockenspiels as well as a variety of percussion instruments. Movement is a big part of our classes.



WeeFoodies Cooking Class

Instructor: Gretchen Stewart (Cooking School Owner and Elementary School Educator)

Tuesdays: January 24 to February 28, 3:30-4:30

Grades: 2-4 Fee \$150 6 sessions

Young chefs will roll up their sleeves and experiment with a wide variety of culinary techniques as they prepare a delicious selection of sweet and savory creations. Each week, chefs will practice targeted culinary skills, as well as taste and work with unique ingredients. Each session will end with students enjoying their culinary creations together.



Basketball Skills

Instructor: AFS Varsity Coaches and Students

Tuesdays: 2/14, 2/21, 2/28, 3/7, 3:30-4:30

Grades: 2-4 Fee \$70 4 sessions

In this program, participants will engage in games and activities that build basketball skills, develop an understanding of teamwork and help develop a sense of sportsmanship. AFS varsity basketball coaches and players will foster children's development in a setting filled with fun and challenges.

Brixology



Instructor: Mad Science instructor
Wednesdays: January 25-March 15, 3:30-4:30
Grades: 2-4 Fee \$140 8 sessions

Children will learn about engineering and will construct contraptions using LEGO® bricks and more! From carnival rides to bridges, your future engineer's creativity will be sparked as they solve real-world design challenges.



Art Experience with Mindy

Instructor: Mindy Sage (AFS Lower School faculty and parent)
Wednesdays: January 25-March 15, 3:30-4:30
Grades: EC/K/1 Fee \$150 8 sessions

Children will have the opportunity to work with mixed media in this fun art class. They will make a variety of projects utilizing different artistic methods and have the chance to creatively experiment and explore.



Mad Science

Instructor: Mad Science instructor
Thursdays: January 26-March 16, 3:30-4:30
Grades: K-2 Fee \$140 8 sessions

Come explore Mother Nature, machines and more. These classes are filled with experiments that mystify, quake and boggle your mind! Children will investigate crazy kitchen chemistry, earthquakes and volcanoes and much more.

NEW this year, friends from outside the AFS school community are welcome to sign up for AFS enrichment courses! Please contact Tricia Cassidy at tcassidy@abingtonfriends.net for external registration forms.